



Coquitlam Sharks Parent-Participant Agreement

I will respect the facility rules and regulations of the City of Coquitlam.

I agree to abide by all the Coquitlam Sharks Aquatic Club's Rules, Protocols, Policies and Guidelines.

I understand that if I do not abide by the Rules, Protocols, Policies and Guidelines, I may be asked to leave the club for several days to help protect myself as well as others around me.

I acknowledge that continued abuse of the Policies and/or Guidelines may result in the cancellation of my membership without refund.

I acknowledge that there are risks associated with entering City of Coquitlam and club facilities and/or participant in Coquitlam Sharks Aquatic Club activities, and that the measures taken by the Coquitlam Sharks Aquatic Club and participants, including those set out above and by the BC Centre for Disease Control will not entirely eliminate those risks.

Regarding health matters,

- For Health and Safety reasons, The Coquitlam Sharks reserves the right to ask a participant to discontinue the program.
- I agree to follow BC Centre for Disease Control's (BCCDC) current guidance regarding all illnesses, respiratory or otherwise, which states:
 - o it is highly recommended to stay home and limit close contact with others, especially those at higher risk of developing severe illness from COVID-19 or influenza
 - o return only when you no longer have a fever (without needing fever-reducing medications) and are well enough to participate in usual daily activities.
- I will abide by the PHO, City of Coquitlam and Club requirements with regards to any health rules and policies

As a parent or guardian,

- I agree to not cluster outside the building while I wait for a child to finish training.
- I will remember that my child is in the sport for his/her enjoyment, not mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game or event.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- I will never ridicule or yell at my child for making a mistake or losing a competition.
- I will remember that children learn best by example. I will applaud good performance by both my child and others athletes.
- I will not question the official's judgment or honesty in public.
- I will respect the coaches by voicing my concerns in private. If I cannot resolve my concerns with the coach, I will speak with the appropriate Executive representative.
- I will respect the coaches, all BCSSA members and officials by not making disparaging comments on any social media outlet. If I do have any concerns I will speak with an appropriate Executive representative.
- I will respect and show appreciation for volunteers who give their time to provide sport activities for my child. I will voice my concerns to the Executive rather than confront the volunteers.

As a swimmer,

- I will shower prior to practice.
- I will arrive at practice ready to swim.
- I will wear goggles in the water for swimming, waterpolo, and artistic swimming.
- I agree to not share any equipment during practice times.
- I will bring my own equipment which should include sunscreen, shoes, towel, water bottle.
- I will comply with BCCDC health measures at all times.
- I will arrive on time and proceed to the warmup area immediately; and I will leave the pool or practice area as quickly as possible at the end of practice.
- I shall not congregate inside or outside the building.